



Dynamic - start list

Date: 16.03.2024
First Top Time: 11:00
Start interval [min]: 10
Break [min]: 30
No. lanes: 2

* Declared time is better than the current Norwegian CMAS record for the discipline

Name	Nation	Sex / category	Nationality	Event	Declared length	*	Lane	Time			
								Registration	Warm-up	Last 3 min	Top time
Dean Chaouche	Sweden	M / SR (18-49)	GB	DYN-BF	0,5		1	10:00	10:15	10:57	11:00
Nico Guzman	Norway	M / SR (18-49)	NO	DYN	1		2	10:00	10:15	10:57	11:00
Aleksandra S. Lamberg	Norway	D / SR (18-49)	NO	DYN-BF	1		1	10:10	10:25	11:07	11:10
Siri Østvold	Norway	D / SR (18-49)	NO	DYN-BF	1		2	10:10	10:25	11:07	11:10
Magnus Fuglerud	Norway	M / SR (18-49)	NO	DYN	20		1	10:20	10:35	11:17	11:20
Lars Daugaard	Denmark	M / M (50+)	DK	DYN-BF	25		2	10:20	10:35	11:17	11:20
Vilja Elvebakken Haraldstad	Norway	D / JR (15-17)	NO	DYN-BF	25	NR	1	10:30	10:45	11:27	11:30
Franka Gaarder	Norway	D / JR (15-17)	NO	DYN-BF	30	NR	2	10:30	10:45	11:27	11:30
Iiris Ala-Olla	Finland	D / SR (18-49)	FI	DYN-BF	45		1	10:40	10:55	11:37	11:40
Stine Simonsen	Norway	D / SR (18-49)	NO	DYN-BF	45		2	10:40	10:55	11:37	11:40
Ivar Andersen	Norway	M / SR (18-49)	NO	DYN-BF	50		1	10:50	11:05	11:47	11:50
Sunniva Vikør Egenes	Norway	D / SR (18-49)	NO	DYN-BF	50		2	10:50	11:05	11:47	11:50
Lars-Petter Granan	Norway	M / SR (18-49)	NO	DYN	50		1	11:00	11:15	11:57	12:00
Marika Konola-Tuominen	Finland	D / SR (18-49)	FI	DYN-BF	50		2	11:00	11:15	11:57	12:00
Mari Aarbø Thorsen	Norway	D / SR (18-49)	NO	DYN-BF	50		1	11:10	11:25	12:07	12:10



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Felicia Ulltin	Norway	D / SR (18-49)	SE	DYN-BF	50	2	11:10	11:25	12:07	12:10
Martin Giset	Norway	M / SR (18-49)	NO	DYN-BF	60	1	11:20	11:35	12:17	12:20
Øivind Jul Hansen	Norway	M / SR (18-49)	NO	DYN-BF	60	2	11:20	11:35	12:17	12:20
Sophie Vestergaard	Denmark	D / SR (18-49)	DK	DYN	75	1	11:30	11:45	12:27	12:30
Shino Wilberg	Norway	M / SR (18-49)	NO	DYN-BF	75	2	11:30	11:45	12:27	12:30
Tormod Ryeng	Norway	M / SR (18-49)	NO	DYN-BF	80	1	11:40	11:55	12:37	12:40
Lukasz Klunduk	Norway	M / SR (18-49)	PL	DYN-BF	87	2	11:40	11:55	12:37	12:40
Toni Asbjørnsen	Norway	M / SR (18-49)	NO	DYN-BF	90	1	11:50	12:05	12:47	12:50
Einar Bjørkaas Helle	Norway	M / SR (18-49)	NO	DYN	90	2	11:50	12:05	12:47	12:50

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Helge Løvskar	Norway	M / SR (18-49)	NO	DYN	150		1	12:30	12:45	13:27	13:30
Johnny Ibsen	Denmark	M / M (50+)	DK	DYN-BF	90		2	12:30	12:45	13:27	13:30
Åge Mikael Strand	Norway	M / M (50+)	NO	DYN-BF	93	NR	1	12:40	12:55	13:37	13:40
Henriette Andrea Hansen	Norway	D / SR (18-49)	DE	DYN-BF	100		2	12:40	12:55	13:37	13:40
Martin Helliesen SørDAL	Norway	M / SR (18-49)	NO	DYN	100		1	12:50	13:05	13:47	13:50
Jaroslav Wrzesien	Norway	M / SR (18-49)	NO	DYN-BF	100		2	12:50	13:05	13:47	13:50
Michael Edward Bjørnaali	Norway	M / SR (18-49)	NO	DYN-BF	101		1	13:00	13:15	13:57	14:00
Kristin Stanwick Bårnås	Norway	D / SR (18-49)	NO	DYN	104		2	13:00	13:15	13:57	14:00
Aleksander Ødegård	Norway	M / SR (18-49)	NO	DYN	110		1	13:10	13:25	14:07	14:10
Lars Mou Baltoft Andersen	Denmark	M / SR (18-49)	DK	DYN-BF	111		2	13:10	13:25	14:07	14:10
Eleni Diamanti	Norway	D / SR (18-49)	NO	DYN-BF	120		1	13:20	13:35	14:17	14:20
Jens Kristian Gundorph	Denmark	M / SR (18-49)	DK	DYN	120		2	13:20	13:35	14:17	14:20
Danni Stjernegård	Norway	M / SR (18-49)	DK	DYN-BF	125		1	13:30	13:45	14:27	14:30
Geir Hauso	Norway	M / SR (18-49)	NO	DYN	150		2	13:30	13:45	14:27	14:30
Hilde Følstad Myhre	Norway	D / SR (18-49)	NO	DYN	150	NR	1	13:40	13:55	14:37	14:40



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								Registration	Warm-up	Last 3 min	Top time
Anni Højgaard	Denmark	D / SR (18-49)	DK	DYN-BF	155		2	13:40	13:55	14:37	14:40
Peter Truelsen	Denmark	M / SR (18-49)	DK	DYN-BF	173		1	13:50	14:05	14:47	14:50